Active Listening Sentence Stems

- So...
- In other words...
- What I’m hearing, then is... Is that correct?
- What I hear you saying is... Am I missing anything?
- I’m hearing many things... Did I miss anything?
- As I listen to you, I’m hearing... Is there anything else you feel I should know?

Active Listening Tips:

- Paraphrase what the speaker says without over-interpreting his/her words.
- Be cautious not to parrot what the speaker has said.
- Follow up by inviting the speaker to clarify anything you might not have understood or that you missed.
- Find a way to make these stems feel comfortable to you and to make them feel like your own.